

CLASS+



EDUCATION
EAST SUSSEX
TOGETHER FOR EXCELLENCE
AND INCLUSION



East Sussex
County Council

Communication, Learning Autism/ADHD Support Service

ABOUT US



CLASS+ works across East Sussex to support families/carers of autistic and ADHD children and young people including those on the diagnosis pathway. We provide advice and support that enables families/carers to develop their knowledge & understanding. We aim to help parents/carers develop their confidence around how to best to support their neurodiverse child whilst also building on their child's strengths, confidence, and self-esteem. The team is part of the wider CLASS service and focus on home based concerns.

OUR OFFER



- Monday advice line 10:00am to 1:00pm
- Parent/carer referral service
- Phone consultations
- Virtual calls
- Coffee and Chat sessions for parents/carers
- Workshops for parents/carers
- Short pieces of personalised guidance around a specific home-based issue
- Signposting
- Social media pages (Facebook, X, Instagram)

“
Fantastic and very knowledgeable advisors, I felt listened to and validated.
”

NB: Please note that CLASS+ is not a mental health advice point and practitioners do not hold the appropriate clinical expertise to directly address mental health needs. CLASS+ do however, provide Autism advice, give ideas for resources, share helpful approaches, and perhaps most importantly listen to the needs & experiences of parents/carers.



EAST SUSSEX
**LOCAL
OFFER**

CLASS+



EDUCATION
EAST SUSSEX
TOGETHER FOR EXCELLENCE
AND INCLUSION



East Sussex
County Council

Communication, Learning Autism/ADHD Support Service

How can parents/carers access support from CLASS+?



Parents and carers can contact CLASS+ on (01273) 336887 or [via email](#). Parents and carers can also access our [Facebook page](#) for more information & via the Local Offer.



ADHD Workshops



CLASS+ are pleased to launch their new free workshop, designed to provide parents and carers with an introduction to ADHD (Attention Deficit Hyperactivity Disorder).

“
Excellent advice. This is a really valuable service that has been very helpful!
”



Follow us on social media: [@SENDEastSussex](#)