

WESTERN ROAD C.P.SCHOOL Southover High Street <u>h</u> Lewes, East Sussex BN7 1JB Telephone: 01273 473013 Fax: 01273 470233 Headteacher: Irèna Wooler

Newsletter No 1 – 18th September 2020

Dear Parents and Carers,

It is wonderful to see the Western Road families return to school after the summer holiday. The children have settled quickly into the school routine with their new classrooms and teaching staff. We have also welcomed the EYFS children over the last two weeks, many of whom are now in school full-time.

Roald Dahl Day

The whole school celebrated Roald Dahl birthday on Monday, 14th September. Thank you to everyone who wore a character's costume, brought in a prop or book written by Roald Dahl. The children were treated to Dahl workshops led by Anthony Shuster and Holly Atkins where they worked on character development. Thank you to Holly and Anthony for their time and drama expertise!



Year 6 Bikeability

Our Year 6 class have participated in Bikeability this week, learning and honing skills to ensure they are safe to ride their bikes on the roads. The Bikeability staff have been impressed with the high standard on cycling in the class and we congratulate everyone who has participated.

Cycling Achievements

In addition to completing Bikeability, Joseph and Ben (and other friends, ex-Western Road pupils) have completed their cycling of the South Downs Way (100 miles) in three parts. We are very proud of their achievements!



The School Day

Thank you for helping by ensuring your child is on time for their class' staggered start at the appropriate entrance to the school site and for collecting them at the staggered exit times.

Year Group	Arrive Time	Departure Time	Entry/Exit Point
EYFS	8.45am	3.15am	White gate
Year 1	8.35am	3.05pm	White gate
Year 2	8.30am	3.00pm	White gate
Year 3	8.40am	3.10pm	Fire escape (around side of white fence)
Year 4	8.40am	3.10pm	Green gate (in Key Stage 2 playground)
Year 5	8.30am	3.00pm	Green gate (in Key Stage 2 playground)
Year 6	8.30am	3.00pm	Fire escape (around side of white fence)

We still need to avoid parents and carers 'gathering' on the school grounds and therefore **it is vitally important that these timings are followed.** We need to ensure that the children can enter and exit the school safely and in a socially distanced manner. Please ensure you enter and exit the field as quickly as possible for drop off and collection times. Please do not bring dogs onto the school field at any time, including when carried. Dogs must remain the car park side of the back gate at all times.

We also ask that you do not allow your children to climb the tree (nearest the swimming pool) as it is becoming very damaged. Additionally, the bank on the field must not be used before or after school as the paths are very slippery and there are a number of broken branches that may cause harm.

Toilet Refurbishment

The children's toilets have been fully refurbished over the Summer holidays in our school colours and look much better! We are working hard with the children to look after the toilets so they stay clean and tidy throughout the day.



EYFS Refurbishment

The EYFS classroom and outdoor area underwent an incredible transformation over the summer holidays, paid for by the wonderful donations to Friends of Western Road (FWR). The new class are delighted with their new space and resources and it already making an impact on the learning in EYFS. Thank you to everyone who has donated to FWR and the FWR committee who made this all possible.





Communication and Events

We will be holding Parents' Evenings using Teams later on this term as we are unable to invite parents and carers into the school site unless under exceptional circumstances. I will write to you in due course as to the arrangements for these meetings.

We would also usually invite you to the classrooms around this time to hear from your child's class teacher about the learning this year and to see the classroom environment. Each teacher has made a short video of the classroom and included a presentation as an alternative to meeting in school. These will be shared with you on Monday and if you have any queries, please do contact your class teacher via the school office <u>office@westernroad.e-sussex.sch.uk</u>.

Unfortunately we are currently unable to hold whole school assemblies due to the current guidance. However, every fortnight (starting today), I will award two Headteacher cups and certificates in each classroom. The presentation of the cup and certificate will be filmed and emailed to the child's parents and carers.

Similarly, we are looking at how we continue with Class Assemblies and our Harvest and Christmas celebrations. I will, of course, communicate these with you as soon as I can.

Healthy Snack and Lunchbox Guideline

At Western Road School we encourage a healthy, balanced diet. As such, we ask that **all** children bring a named water bottle to school to ensure they are hydrated throughout the day. Juice/smoothies can only be drunk at lunchtimes. Milk is provided for children on request (please see <u>www.coolmilk.com</u> for more information). Fizzy drinks are not permitted on the school site.

At breaktime, only fruit/vegetables, a healthy cereal bar, bread sticks or rice cakes should be eaten. Free fruit/vegetables for EYFS and Key Stage One is available daily.

Packed Lunches

Please find below a list of suggested foods for lunch boxes and a list of foods that are not appropriate. We ask you to please follow these guidelines so your child is best prepared to concentrate and learn in the afternoon.

Foods we encourage

- Sandwiches/rolls/wraps with meat, cheese, fish, marmite, salad (no chocolate spread or jam)
- Salads: pasta, rice, couscous, potato
- Dairy products cheese, Baby Bel, etc
- Fruit yoghurts (no chocolate content)
- Fresh fruit/dried fruit
- Vegetables
- Seeds
- Healthy cereal bars (low sugar/fat content)

Foods not appropriate

- Confectionary (chocolate, including chocolate biscuits, or sweets)
- Products which contain nuts (we have some children with nut allergies)

Only one of the following on any day

- Bag of crisps
- Small pack of biscuits
- Cake
- Processed food (e.g. Pepperami)
- Food high in fat/salt content (e.g. sausage rolls)

Thank you for your support in ensuring your child has healthy snacks and lunches.

Attendance and Illness

School attendance is mandatory again from the beginning of this term. Children's absence must be recorded in the usual way, by telephoning the School Office on the morning of absence and giving a clear reason so we may put the correct mark in the register.

If a child or member of the household is unwell with COVID-19 symptoms:

a high temperature;

a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual);

a loss or change to your sense of smell or taste

the child should not attend school and we must be informed of this immediately via the School Office.

In accordance with current Government guidance, if there is a case of Coronavirus in school, the person with symptoms must self-isolate for 10 days. The people they live with must self-isolate for 14 days.

Thank you for your support in keeping the school community safe.