http://www.westernroad.e-sussex.sch.uk



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# Newsletter No 6 – Friday, 21st January 2022

Dear Parents and Carers,

It is wonderful to see the children fully immersed in their learning this term. This term started with lots of exciting learning about Heathy Me! Across the school we explored many different aspects of keeping our bodies and minds healthy. We looked at body parts and their importance, made and tasted a range of foods/drinks and explored different techniques to help our minds stay healthy. The children also had the opportunity to attend a variety of workshops given by Chartwells on things like being sugar savvy and food waste, and Nicole Silver, a parent nutritionist, where children learnt about different vitamins contained in different coloured fruit and vegetables and how they help our body. Thank you to Nicole for giving up her time for this. The Healthy Bake (Power Up Wednesday) sale after school was also a huge success. Thank you to Emma and Nicole for also organising this.



# **Reminder - Chartwells Lunches ParentPay Accounts**

Please ensure all lunch ParentPay accounts are cleared (or in credit) so all children's lunches are paid for on a weekly basis. It is imperative these accounts are settled on a timely basis as otherwise the school has to cover these costs. Thank you.

## **Calling all Artists!**

This year Western Road will be entering into the Young Artists Summer Show at the Royal Academy of Art. This is a fantastic opportunity for our young artists to exhibit their work online and be in with the chance of having their work displayed in a real gallery! All of the artworks are viewed and judged by a panel of experienced and passionate artists and arts professionals, who work together to select which artworks will be shown online and which will be shown at the Royal Academy. Prizes are awarded each year for two inspiring artworks from each key stage, as chosen by the President of the Royal Academy. The winners will each receive vouchers for art materials or a free practical workshop for their school. You can also vote for your favourite artwork in the annual People's Choice Award, with the winners receiving vouchers for art materials.

Here at Western Road we will submit one piece of artwork per year group into the competition with their adult's permission. This artwork will be chosen from our recent topic based art project in class and it will be selected by a member of our Governing Body. If your child has not been selected but they would still like to enter the competition with a piece of artwork from home, we could also facilitate this.

The artwork can be made using any material; it can be a painting, sculpture, photograph, instillation, video, drawing, or a combination. There is no theme so artwork can be of any subject. To submit your child's artwork, you will need to send a clear picture of your child's work, you must provide your name, your child's name, and some information about the piece such as title, size and a little text about the artwork and why they made it.

Key dates: All submissions must be emailed to the school office by 17th March 2022 Judging will take place in May 2022. The online exhibition opens on 19th July 2022 The display at the Royal Academy: 19th July – 14th August 2022

If you have any queries, please do ask Miss Patience (Thursday-Friday). Thank you.

## News from EYFS (Silver Birch Class)

Silver Birch enjoyed starting the term off with 'Healthy Me' week! We spoke about ways to keep healthy including what we eat and drink, exercise, sleeping, washing and dental hygiene. We also spoke about how positive mental health is important and the ways we can look after ourselves and each other. The children enjoyed listening to the story Oliver's Vegetables and we spoke about how it is important to eat a range of food. The children loved creating their own caterpillar using a range of fruit and vegetables!

## News from Year 1 (Elm Class)

In our Computing lessons we have been learning how to use paint to create various pictures. We have learned how to use the mouse to click and select different features of the programme. This week in our choosing time we have been focusing on using the programme to paint pictures of dinosaurs, animals and settings linked to our learning in class.

In our Science lessons we have been learning about different dinosaurs and what they eat. We have classified the dinosaurs based on their diet, namely either herbivore, carnivore or omnivore. Using this information we added various different animals from wild animals, farm animals to domestic animals and again classified them according to what they ate. We then decided to choose our own classification criteria. These varied from size, fierce or not fierce, fur or no fur and size of tail.

In our Art lesson this week we focused on looking at the backgrounds of 'The Little Green Dinosaur'. We used the settings from the story to create our own artwork. We focused on features the setting with have namely; volacanos, mountains, hills. We are really proud of how they look so far and look forward to adding further details in the coming weeks.



## News from Year 2 (Cherry Class)

Year 2 have had an incredibly busy start to the term! During Healthy Living Week we had 2 lovely visitors to talk to us about eating healthy. We then used this information to create our own healthy, balanced plates! We also carried out experiments about germs and how to stop them spreading which was really fun! As well as this, we have started our Great Fire of London topic and are in the middle of writing some newspaper reports and have been practising using multiplication by grouping and making arrays!



## News from Year 3 (Larch Class)

Year 3 have been looking at the different parts of plants in Science. We learned that the stem of a plant moves the water around the plant. To test this out have left celery in different coloured water. We predict that it will turn our celery different colours!



## News from Year 4 (Willow Class)

Year 4 started their new rainforest topic with a visit from some amazing animals! Phillip from Zoolab brought in a tarantula, a corn snake, a cockroach, a giant snail and a gecko to show us. We learned lots of interesting facts about the animals and their habitats.



## News from Year 5 (Elder Class)

We have made a very enthusiastic start to our class topic, the Anglo Saxons, in Year Five. We have been learning about who they were, why they came here and what legacy they left us. To complement this learning, we have been reading Beowulf and immersing ourselves in the text by retelling the tale and acting parts of it out. We are building up to writing our own creative myths.

## News from Year 6 (Oak Class)

It's been an action packed start to Year 6. During the first week, Oak Class were immersed in our whole school Healthy Living Week, thoroughly enjoying all the workshops which focused on nutrition and sugar. We all quickly realised how easy is to reach our daily amount with just one treat!

During the second week, Year 6 were whizzed off to the Imperial War Museum. As soon as the children stepped into the building, it was clear that they were completely mesmerised by the wonderful collection of memorabilia. The

children really empathised with the past and were clearly reflective. Many stated they felt conflicted with being so fascinated about such a morbid time. A very honest reflection.

The Year 6 team would also like to mention how mature and wonderful the class have been this term. They are so immersed in their new topic (World War II) and have simply been a joy to teach! Well done Year 6!



#### **News from Friends of Western Road**

The FWR team is mainly in hibernation after the incredibly busy Term 2, however we do have some exciting news to share about a new event this term and how your donations are being spent.

# Make the Rules Day – Friday, 11<sup>th</sup> February 2021

On the last day of term the children will be invited to take part in 'Make the Rules Day', where for one day only they will get to choose the school rules from a list of 9, including the chance to wear their own clothes, have temporary tattoos, bring a cuddly toy with them to school, etc. We will share more details closer to the time.

#### **Christmas Visitors**

The children all received a book as a Christmas present from FWR at the end of last term, delivered by some very festive visitors. Huge thanks to parents (and superb performers) Holly, James and Nancy for spreading the Christmas cheer, and the wrapping team - who could actually give the elves from Arthur Christmas a run for their money.

#### **Funds Raised**

In addition to the phenomenal amount (£15k!) raised by Artists & Makers last term, FWR raised £526 from tea towel sales (huge thanks to Anthea & the parents who worked on this), almost £800 from the raffle (thank you to all the parents who donated prizes), £390 from Christmas card sales, just over £1400 from the Rudolph Run and recently £155 from the Healthy Living Week Power-Up snack sale. Thank you for your amazing support and to all of the volunteers who worked so hard. We were also awarded a £400 grant from the Seeds of Change programme to plant hedges and shrubs in the playground.

## Funds being spent

We are delighted to say that school is putting the money recently raised to excellent use, so thank you very much for your support & donations. Projects being funded include:

- Forest School sessions for each class (rotated across the academic year)
- Yoga lessons (rotated across the academic year)
- A full refurbishment of the Rainbow Room used for group work and therapy sessions, as well as new sensory equipment and resources

• PE equipment including a new cricket set, footballs, foam javelins, set of speedstacks, and table tennis balls and paddles

- £1000 of new books for the library
- A new Sensory Area based in the EYFS archway (this will also be available for Y1 and Y2 to use)
- Repair of KS2 playground rope tyre swing
- £200 per year group to go towards the cost of coaches for school trips
- Every year group also has funds to spend on resources needed for their classroom

For your information, the KS1 outdoor classroom area that we fundraised towards last academic year will, we hope, be installed soon. School are awaiting planning permission approval.

If you'd like to find out more about FWR or if you're interested in joining, please do get in touch! Thanks again for all your donations.

The FWR team westernroad.friends@outlook.com Instagram/ Facebook: @F\_o\_w\_r

# **Reminder - Healthy Schools**

We are pleased to be part of East Sussex Health Group. East Sussex Schools Health Service is a team of public health practitioners, led by school nurses who work with children, young people aged between four and 19 and their families. They provide support and advice for a variety of physical, sexual and emotional health and wellbeing issues, and will refer to specialised services when needed. For full details about the service they offer please visit our website: www.kentcht.nhs.uk/service/school-health/school-health-service-east-sussex/

How do you use the service?

- Contact the School Health One Point on 0300 123 4062, available Monday to Friday from 8:30am to 5pm.
- Make a referral online at www.kentcht.nhs.uk/forms/school-health-service-east-sussex-referral-form/
- Visit the School Health virtual drop-in, Mondays and Thursdays 10am to 3pm and 6pm to 9pm at

https://nhs.vc/east-sussex-school-health

They can offer support and advice to children, young people and families virtually, face to face or via the phone as well as brief interventions and packages of care where appropriate.

# **Reminder - Advice and Support**

CLASS+ are a service that supports families and carers of children and young people with ASD, children on the pathway to a diagnosis or children who struggle to regulate their emotions and may need further strategies at home. Please contact CLASS@eastsussex.gov.uk, message on their Facebook page or call 01273 336887 for more information.

ISEND Parents and Carers Helpline on 01273 481967 who can offer advice and support on a range of areas.

East Sussex School Health Team which is led by registered, qualified nurses. They provide support and advice for a variety of health issues, and can also signpost to other specialist services where appropriate. For more information please go onto https://www.kentcht.nhs.uk/service/school-health-service-east-sussex/ where you can find text, phone and email support information or an online health referral form which is quick and easy to complete.

East Sussex Parent Carer Forum - A forum for parent carers of children and young people with special educational needs and disabilities (SEND) in East Sussex to raise awareness of children's needs and work together to strengthen support to local families. https://www.espcf.org.uk/

Amaze SENDIASS - the Special Educational Needs and Disability Information, Advice and Support Service for East Sussex and Brighton and Hove. If you are a parent of a child or young person with SEND, you can call the Amaze SENDIASS helpline for information and advice on 01273 772289 or email sendiass@amazesussex.org.uk. Use the link for more information.

https://amazesussex.org.uk/parent-carers/services-and-support/sendiass-advice-line/

#### Dates for your diaries

Please see below planned dates for upcoming school events. However, please be aware these events are very much in the planning stage and permitting parents and carers into the building may need to be altered depending upon Government guidelines and the school risk assessment nearer the time. For any events happening in school, including the school hall, all parents and carers should wear masks (unless medically exempt). Thank you.

w/c 24 <sup>th</sup> January	Hedge planting project with Southover CE Primary School
Friday, 28 <sup>th</sup> January, 2.45pm	Celebration Assembly
Tuesday, 1 <sup>st</sup> February, 1.30pm	Andrew Gunn computing workshops
Thursday, 3 <sup>rd</sup> February, 9.30am	Parent Forum (online)
Friday, 4 <sup>th</sup> February	NSPCC Number Day
Friday, 11 <sup>th</sup> February	FWR Make the Rules Day 2.30pm Open Classroom Afternoon for work sharing with parents and carers
w/c Monday, 14 <sup>th</sup> February	Half-term
Monday, 21st February	INSET (4), school closed
Tuesday, 22 <sup>nd</sup> February	Term 4 begins
Friday, 25 <sup>th</sup> February, 2.45pm	Celebration Assembly
Thursday, 3 <sup>rd</sup> March	World Book Day
Tuesday, 8 <sup>th</sup> March	Cricket Engagement Day
Friday, 11 <sup>th</sup> March, 2.45pm	Celebration Assembly
Tuesday, 15 <sup>th</sup> March, 3.30pm – 6.30pm	Parents' Evening (in-person)
Thursday, 17 <sup>th</sup> March, 4.30pm – 7.30pm	Parents' Evening (online)
Friday, 18 <sup>th</sup> March	Comic Relief
Monday, 21 <sup>st</sup> March	Year 4 to Fishbourne Roman Palace
Wednesday, 23 <sup>rd</sup> March	Voice In A Million (school choir)
Friday, 25 <sup>th</sup> March, 2.45pm	Celebration Assembly
Friday, 1 <sup>st</sup> April	End of Term 4
Tuesday, 19 <sup>th</sup> April	Term 5 begins
Friday, 27 <sup>th</sup> May	INSET (5) – school closed